



Building the Foundation: Handout

Reentry and Reintegration: Preparing for a Student's Return to School After a Behavioral Health Crisis

Components of a Reintegration Plan

Reintegration refers to the ongoing support provided to the student beyond the reentry meeting. It involves continuous efforts to identify the student's triggers, integrate interventions and accommodations, and work with key stakeholders. A reintegration plan outlines the services and supports a student will need as well as who will provide them. The goal is to help the student feel safe.

- **A list of key stakeholders.** This can include the names of adults at school and outside providers that will provide support for the student and what that support will look like.
- **Information from providers that is essential for supporting the student at school.** This might include triggers, medications, reasons for hospitalization, and recommendations for accommodations. The school should be mindful of confidentiality and consider which items should be documented in the reintegration plan.
- **A plan for if there are concerns about the student's safety during the school day.** This can include who will be notified and what steps will be taken.
- **A plan for making up academic work or resuming the academic schedule.** This can include a list of academic assignments the student will need to complete, a schedule for turning in missed work, and any modifications that will be made to the student's school day, such as schedule changes or partial day attendance.
- **Individual student accommodations.** This can include supports that will be provided within the school day. Some examples are check-ins with adults, break times, and tools a student needs to cope with stress, such as drawing, journaling, walking, or fidget tools.
- **A plan for communication.** Regular communication between home and school will be needed to help the student with their reintegration. The school should identify a point person for the family to be in contact with. If the school has consent to be in contact with the student's providers, the team should discuss what this communication will look like and document it in the plan.

The components mentioned here are not a comprehensive list. While these components are discussed in literature as supportive practices following a behavioral health crisis, every student's reintegration plan will look different. We encourage you to develop a plan that fits the student's needs and can be accommodated in your particular school setting.